

Henrico PAL Dance Program



If you think you've got what it takes to be a part of Henrico PAL's dance program, come join us for tryouts.

Date:
May 17th – May 18th

Time:
6:30pm to 8:00pm
(closed to the public)

Location:
(Wednesday) Adams Elementary School
600 S. Laburnum Ave.
(Thursday) Eastern Henrico Recreation Center
1440 N. Laburnum Ave.

Contact dance@henricopal.org to sign up. You must register on the Henrico PAL website. Registration opens April 14th.

You will need the following for the Tryouts:

- All black dance attire
- “Confidence”
- Very “BIG” Smile and Energy

Parent /guardian will need to fill out the following forms:

Dance Application

Must also bring the following:

Report Card (most recent)

One Teacher Recommendations

Important Information

- Behavior is a HUGE part to be considered. Teacher recommendations are REQUIRED (One must come from your current teacher).
- If selected, Spirit Performance Team practices are Thursday nights.
- Anticipated cost is \$250.
- Fundraising is required.

Henrico PAL Try-Out Application

Please print the following information clearly. You must have all forms completed: application, 2 teacher recommendations, and a copy of the latest report card

Personal Information:

Name _____ Phone: _____

Grade Level: _____ Date of Birth _____

School _____

Parent/Legal Guardian: _____

Email Address: _____ Cell Phone: _____

Other Information:

1. Have you had any dance experience? _____ If so, where? _____
2. Are you currently a member of any club, organization, or team requiring extra practice time? _____
3. List any honors you have received in school. _____
4. Have you had any suspensions or disciplinary actions in the past two school years? _____

Please attach a copy of your current report card.

Why do you want to be apart of the Henrico PAL Dance Program?

Henrico PAL Dance Program Teacher Recommendation Form

Student's Name _____ Grade _____ Teacher _____

Please take the time to complete the following recommendation form for this prospective dancer. Upon completion, please return to dance@henricopal.org.

Score 0-5 (lowest to highest)	
Academics – Effort, turns in work, model student	0 1 2 3 4 5
Attendance – punctual & excused absences	0 1 2 3 4 5
Attitude – cooperative, pleasant, ability to adapt to change	0 1 2 3 4 5
Behavior – respectful, follows directions, proper etiquette & manners	0 1 2 3 4 5
Reliability – trustworthy, honest, dependable	0 1 2 3 4 5
School Spirit – participates, shows pride	0 1 2 3 4 5
Leadership – influences others, proactive communication skills, self-motivated	0 1 2 3 4 5
Mentally Alertness - organization skills/problem solving skills	0 1 2 3 4 5

Score 0-10 (lowest to highest)	
Demonstrates optimism & self-respect	0 1 3 5 7 8 10
Attitude towards constructive criticism	0 1 3 5 7 8 10
Strives for excellence	0 1 3 5 7 8 10
Current Reading Grade	F D C B A
Current Math Grade	F D C B A

Do you recommend this applicant ? Yes No

Comments:

Print Name _____ Grade _____

Signature

Date

Candidates will be judged on the following:

- Effort

- Teacher Recommendations

All decisions are final!!!