

HENRICO POLICE ATHLETIC LEAGUE
ANNUAL REPORT



2022

MISSION

Provide a high quality and safe environment for at risk youth in grades K-12 through educational, athletic and social programs, while creating a positive relationship between police officers and youth.

VALUES

Leadership
Service Excellence
Stewardship
Trust



EXECUTIVE DIRECTOR STATEMENT

Henrico PAL Friends,

First and foremost, I would like to sincerely thank all of our sponsors, donors, volunteers, community partners, board members, staff members and police officers for their continuous support. Based your contributions and commitment, the Henrico Police Athletic League has continued to build positive relationships between Henrico County police officers and the thousands of youth we serve annually. Secondly, on behalf of the Henrico PAL board, staff, and officers, we would like to thank our parents for once again entrusting us with your most treasured possession. At Henrico PAL, we truly believe that our children are society's most valued commodity.

As a non profit, state licensed, evidence based youth crime prevention program, Henrico PAL remains committed to exposing our youth to the very best programs and services. To share with those new to Henrico PAL, our core educational curriculums are STEM (Science, Technology, Engineering, and Mathematics) and Financial Literacy. These comprehensive programs will equip Henrico PAL youth with the prerequisite knowledge to compete in a global world in the future and ensure their vocational and financial success. These curriculums will serve grades K-12 and now incorporated within our After-School Programs, Summer Camps, and Youth Leadership Council. Previously, one of the carryover imperatives from our current organizational strategic plan was the identification of the resources to build a Henrico PAL Youth and Family Recreation Center in the future.

As a result, I am happy to announce that in 2022 through the generosity of Henrico County, your Henrico PAL will take possession of the former Math & Science Innovation Center. This site will serve as our future home, with an expected move in date of May 2023. Steps are currently under way to determine how this property can best be developed to serve as the Henrico PAL Youth and Family Recreation Center; and provide generations of youth an opportunity to learn and play in a state-of-the-art facility in a safe environment. However, our 4 current sites will remain in place within the future to provide the best customer service possible and remain congruent with the high quality expected from Henrico County.

Additionally, it will truly take a village to serve the youth who need it the most. Therefore if you're interested in serving as a volunteer or would like to partner with us by financially contributing to Henrico PAL, please email me directly at kragland@henricopal.org or visit our website at www.henricopal.org. To stay updated on the latest news and happenings check us out on Facebook, Instagram, and Twitter.

Once again, we sincerely thank you for your support and remember, "Every Kid Needs A PAL".

Sgt. Kenneth L. Ragland (Retired)
Executive Director



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McQueen-Williams
Vice
President



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OUR PROGRAMS

After School Program

The Henrico PAL After School Program serves over 400 Kindergarten through 8th grade students in Henrico County. The program provides every student a full course dinner and snack each day. Additionally, the After School program is designed to provide a safe environment for students while participating in a wide variety of educational and recreational activities. Some of these activities include completing homework, learning chess, dancing, and art. The Henrico PAL After School Program has partnered with The Cultural Arts Center at Glen Allen to allow students to engage in an array of art projects. This program allows students to broaden their horizons and focus on developing positive relationships with police officers by engaging in enriching experiences. Each of our four sites are supervised by site managers, police officers, school teachers, athletic coaches, and college students. As a result of this program, over 55% of our students make the honor roll.



Art Program

The Arts and Crafts Program is conducted and sponsored by The Cultural Arts Center at Glen Allen. This program is offered during the After School Programs throughout the school year. Program curriculum includes: drawing, painting, stitching, sculpturing, framing, and creating varying crafts. Grades 4th and 5th participate in StageCraft, which is designed to teach all three crafts required to conduct a play: stage design and set-up, wardrobe design, and acting. There is an eight-week summer program on Fridays which includes the same curriculum offered throughout the year, but includes others such as dance and sewing.



Music Academy

The Henrico PAL Music Academy was established in 2022. The Academy uses a holistic approach to teaching by introducing entertainment as a vehicle for professional and social development. Our objective is to enhance students' lives by engaging them with well-rounded invocative learning activates utilizing a fun and professional music industry course-based curriculum. Using music to fine tune their inner talents and abilities, our goal is to enhance adolescents technical, and academic skills, thus developing them into business minded productive members of society.



STEM Program

The STEM Program sparks the minds of young students and encourages them to explore the field of science, technology, engineering, and mathematics. The STEM program allows students to approach challenges in today's society with a spirit of creativity, critical thinking, collaboration, and clear communication. Students have the opportunity to engage in a variety of projects while gaining unique and valuable skills. The Henrico PAL STEM Program has been brought to us by the sponsorship of Altria Group, Inc. and Meta.



Chess Program

In 2015, the Henrico PAL Chess Club was founded. The club serves youth and adults throughout the Henrico County community. Learning the game of chess has proven to enhance analytical and cognitive thinking, attention span, inhibition, and planning. We provide a great opportunity for our participants to expand beyond athletic activities and become even more well- rounded individuals. The Chess Program meets every Friday at the Belmont Recreation Center, from 6:30pm-8:30pm.



Summer Camp

The Annual Henrico PAL Summer Camp is an 8 week program and is designed to provide Henrico County's youth ages 6-13 years old with a safe environment while participating in a wide variety of sports, educational, and recreational activities. During the summer camp, over 600 participants engage in various sporting clinics, art classes, museum tours, community service projects, and more. Henrico PAL Summer Camp participants also attend field trips every Thursday to either Kings Dominion, Busch Gardens, Water Country USA, Washington Mystics Basketball Games, Pocahontas State Park, Lake Anna, or Buckroe Beach.



Youth Basketball League

The goal of Henrico PAL's Youth Basketball League is to develop the skills of youth ages 7-12 and provide them with a fun and safe environment. Participants engage in practice during the week and compete in games on Saturdays at the Eastern Henrico Recreation Center. The Youth Basketball League consists of equal playing time for all players and at the end of the program each participant receives a t-shirt, trophy, and invitation to the "End of the League Banquet."



Johnny Newman Basketball Clinic

This one-day clinic is designed to provide youth with an enjoyable and rewarding experience. The 50 kids who attended are taught the fundamentals of basketball such as dribbling, passing, rebounding, defense, and general knowledge of the game. Each child has the opportunity to improve individually as well as a teammate. The clinic is staffed by former NBA player Johnny Newman, former WNBA player Jessie Hicks as well as high school and college coaches and players.



Open Gym Night

Henrico PAL's Open Gym Night is held at the Eastern Henrico Recreation Center every Thursday night and provides youth 9 to 17 years old a safe haven while playing basketball, participating in additional indoor sports, and socializing with other well-mannered youth. and law enforcement.



Henrico PAL Majestic Dynasty Dance Program

The national and international award-winning Henrico PAL Majestic Dynasty Dance Program is an opportunity for girls 6-16 years old to learn fundamental dance warm ups, stretches, techniques and routines. A variety of dance styles are taught including jazz, hip-hop, tap, and cotemporary. The Majestic Dynasty has placed first in numerous tournaments throughout the State of Virginia, won three consecutive national tournaments and one international tournament.

The Majestic Dynasty is comprised of four groups.

1. The after school dance program: *Henrico Majestic Vibe*
2. The stand alone dance program and performance group: *Henrico Majestic Spirit*
3. The competition team: *The Henrico Majestic Royalty*
4. The advanced leadership team: *The Henrico Majestic Royalty ELITE*



Youth Leadership Council

The Henrico PAL Youth Leadership Council (YLC) is designed to expose career minded youth, ages 12 to 18 years old, to the many facets of leadership development and community service. Participants serve on the Leadership Council and hold executive positions all while developing positive relationships between governments, private industries, and community leaders. To further develop their leadership skills, these youth identify monthly community service projects, such as community cleanups at local elementary schools, water drives, Thanksgiving Turkey Giveaways and volunteer at seniors living facilities. Additionally, students in the Youth Leadership Council participate in a College Preparatory Program that allows them to tour colleges and prepares them for higher education. Over 95% of participants in the YLC have attended college after graduation. Every year the YLC offers 2 members who are scheduled to attend college a \$1,000 scholarship.

In 2022, the YLC completed their Community Emergency Response Team (CERT) Training. They are now certified to offer assistance immediately following a local or national disaster. The YLC also attended the Region 6 Youth Mentoring summit held in New Jersey and New York. The conference encompasses Central and Northeast PAL youth and mentors for a weekend of history, leadership training and guest speakers.



COMMUNITY EVENTS

Thanksgiving Turkey Giveaway

In November 2022, nearly 500 turkeys and canned good boxes were given to families identified by Henrico County Social Services, Mental Health, Henrico County Police Division and Henrico County Public Schools (HCPS). Since the establishment of Henrico PAL in 2007, we have provided over 3,500 turkeys and Thanksgiving boxes to families in need in the Henrico-Richmond area. The Thanksgiving Turkey Giveaway takes place on the Saturday before Thanksgiving each year. The event is sponsored by the Walmart Foundation, West End Assembly of God.



Kids and Cops Holiday Shop

Henrico PAL's second annual Kids and Cops Holiday Shop was hosted on December 17th, 2022. That morning brought lots of smiles as children had the opportunity to shop with police officers, HPAL Board and Staff Members, and Henrico County elected officials. It was a great event and we were excited to be able to bring holiday cheer to families across Henrico County.



Juneteenth

On June 19th, 2022, various Henrico PAL staff and officers attended the Henrico County sponsored Juneteenth Event located at Dorey Park. So many interested families stopped by our tent to learn more about the incredible work Henrico PAL is doing in the community to enrich our youth.



2022 AWARD WINNERS

Henrico PAL Youth of the Year
Diamon Johnson

Henrico PAL Volunteer of the Year
Sandra Williams

Henrico PAL Employee of the Year
Whitney Johnson

Henrico PAL Board Member of the Year
Dennis Bickmeier

Henrico PAL Police Officer of the Year
Officer Michael Spear

Significant Contribution to
Henrico PAL STEM Program
META

Significant Contribution to Henrico PAL
Legal Support
Kurth LLP

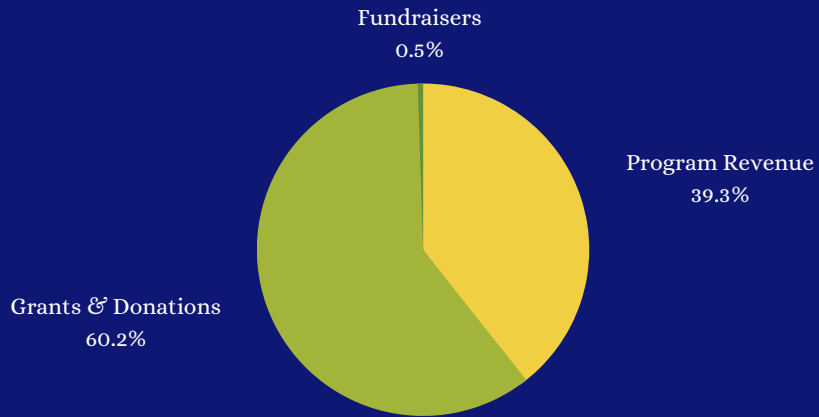
Significant Contribution to
Henrico PAL After School Program
Cultural Arts Center of Glen Allen
Feed More-Kids Café

Significant Contribution to
Henrico PAL Summer Camp
First Tee - Greater Richmond
HCPS-Pupil Transportation
HCPS- Nutrition Services
Henrico Recreation & Parks
Richmond Strikers
Richmond Volleyball Club
Tuckahoe Sports Inc.
YMCA

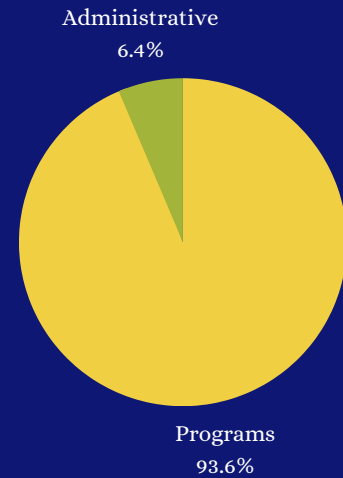
Henrico PAL TyVaughn Eldridge College
Scholarship Award Winners
Christon Smith & Diamon Johnson

FINANCIAL OVERVIEW

Income



Expenses



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If you or someone you know are interested in partnering with us, please call us at (804) 262-HPAL (4725) or email us at info@henricopal.org.



All donations are tax deductible and can be made by visiting our website at WWW.HenricoPAL.org, or mailing your donation directly to us at 8655 Staples Mill Rd. Henrico, Virginia 23228.



To learn more about how you can volunteer or support Henrico PAL please visit our website at www.henricopal.org or check us out on Facebook, Instagram, and Twitter @HenricoPoliceAthleticLeague.



Henrico Police Athletic League

"Every Kid Needs A PAL"



www.henricopal.org



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